**Domains of Well-Being**

* **Identity –** Who am I? What are my preferences, past occupation, choice in faith? What makes me who I am?
* **Connectedness –** How do I connect to my past, present and/or future? How can staff help to engage me in my emotions and feelings?
* **Security –** What makes me feel safe and secure? Do I have any concerns past or present? Do I feel that my privacy and dignity are respected?
* **Autonomy –** Am I allowed to make choices related to my daily life? Do I have control over parts of my care? Can I make decisions about me?
* **Meaning –** Do I have a reason to get up in the morning? Is there value and meaning to the communication and activities that I participate in?
* **Growth –** Is there development and enrichment in my daily routine? Is there creativity to allow growth?

* **Joy –** Do I have overall happiness and enjoyment in my life? Does staff work daily to sustain this joy for me?

*“A patient directed care model to support & sustain joy for those living with dementia.”*

(Based on domains of well-being framework designed by Dr. Allen Power)

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