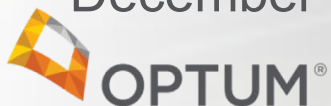


Arkansas Independent Assessments

Arkansas Healthcare Association

December 12, 2018



Agenda

- Update related to Independent Assessment Program
- Implementation of Aging and Adult Waiver Assessments
- Process for Waiver Assessment
- Results for Waiver Assessment
- Scheduling Process
- How we can collaborate to support beneficiaries

Update on Independent Assessments

Total Assessments completed through November 2018

- ❑ Personal Care: 11,997 Completed
- ❑ Behavioral Health: 43,521 Completed
- ❑ Developmental Disabilities: 6,632 Completed
- ❑ Developmental Screens: 4,098 Completed

Staffing Update

- ❑ 28 Registered Nurses in the field
- ❑ 67 Behavioral Health Assessors
- ❑ 28 Developmental Disabilities Assessors

Way Forward: Aging and Adult Waiver Assessments

Waiver Assessments to begin January 2, 2019

- Assesses client's FUNCTIONAL abilities, considering the impact of the following on a beneficiary's independence and level of service needed:
 - Health/Chronic Conditions/Treatments and Monitoring required
 - Daily Activities
 - Memory/Cognitive Impairments
 - Need for Supervision
 - Behaviors
- Of importance to a comprehensive functional assessment and service planning, the following is also assessed:
 - Vision/Hearing/Functional Communication
 - Instrumental Activities
 - Caregiver Capacity and Risk and Supports Provided

Health Domain

▼ Feeding and Nutrition: Feeding Tube

Treatment/Monitoring Gastrojejunostomy (GJ tube)

Performed By Nurse/ OT/ PT/ Physician

Frequency Daily > 21 Day Duration

▼ Feeding and Nutrition: Swallowing Disorders

Treatment/Monitoring Special Diet

Performed By Caregiver/Parent

Frequency Daily > 21 Day Duration

Other Swallowing Disorders Treatments

▼ Neurological: Observation and Assistance for Seizures

Treatment/Monitoring

Performed By

Frequency

▼ Respiratory

Treatment/Monitoring Nebulizer

Performed By Caregiver/Parent

Frequency Daily <= 21 Day Duration

Administration of medical gases No

Performed By

Frequency

ADL Domain

▼ Eating

Any difficulty with eating? Yes

Ability to manage eating, by person (>=18) Needs and/or gets some personal help with feeding or someone needs to be sure that you don't choke (Extensive Assistance)

Ability to manage eating, by child (<=17)

Cuing and Supervision Constantly throughout the task

Physical Assistance Limited (One person assist)

Challenges while eating? Cannot cut food; Chewing problem; Mouth pain; Poor hand to mouth coordination; Problems with taste

Other challenges while eating

Strengths while eating? Cooperates with caregivers; Has a good appetite

Other strengths while eating

▼ Eating Equipment

Person need equipment to assist eating? Yes

Equipment Status (select all that apply) Dentures; Gastrostomy Tube

Comments

▼ Bathing

Any difficulty with bathing? Yes

Ability to bathe, this person (>=18) Needs and/or gets help getting in and out of the tub

Ability to bathe, this child (<=17)

Cuing and Supervision Constantly throughout the task

Physical Assistance Limited

Challenges while bathing?

Other challenges while bathing

Strengths while bathing?

Other strengths while bathing

Memory & Cognition Domain

▼ Mental Status Examination for Dementia/Alzheimer's

Would you like to give interview? Yes

Let's start with Today's Date Let's Start with Today's Date

What year is it now? Answered Correctly

What month is it now? Answered Incorrectly

Memory Phrase Memory Phase: Ask beneficiary to repeat phrase after you TWICE: John Brown, 42 Market Street, Chicago

About what time is it? (within 1 hour) Answered Correctly

Count backwards 20 to 1 Answered Incorrectly Once

Say the months in reverse order Answered Incorrectly Once

Repeat the memory phrase (Once) Answered Correctly

▼ Types of supports Needed

Type of supports person needs at home Sometimes the person can be left alone for an hour or two

Support needed outside of home The person can go places alone as long as they are familiar places

Sensory & Communication Domain

▼ Vision

Person has any problems with vision? Yes

Describe vision WITHOUT using any device Moderately Limited: Must have large print to read; has difficulty identifying small objects; vision has limited usefulness for navigation

Does person use any assistive device? Yes

Describe vision WITH assistive device? Minimally Limited: Can read regular print but may have decreased peripheral vision; may not read regular print but can read headlines or large print

Comments

▼ Hearing

Does the person have any hearing loss? Yes

Describe hearing WITHOUT using a device? Minimally impaired: Difficulty in 1:1 conversations with some people and | or in noisy environments

Does person uses any assistive device? Yes

Describe hearing using a device? Normal

▼ Functional Communication

Person has difficulty communicating? Yes

Describe the nature of the difficulty? Speech impairment (functional expressive language)

Primary cause of the difficulties? Cognitive issues (delayed | disordered development)

Explain? Alzheimer's

Expressive Communication Skills Speech difficult to understand

Receptive Communication Skills Comprehends conversational Speech

Comments

Populations to be Assessed

Population/Subdivision	Program
Subdivision 9	ARChoices
Subdivision 10	Personal Care
Subdivision 11	LivingChoices
Subdivision 12	IndependentChoices
Subdivision 13	PACE

Waiver Care Assessment Process



Trained Assessor (RN) Performs Interview



Beneficiary



Family/Guardian/Caregiver



Platform calculates and Assessor Reviews Tier Determination



DAAS Uses Tier Determination to Authorize Service Hours

Activities of Daily Living (ADLs)

- Eating, Bathing, Dressing, Personal Hygiene, Toileting, Mobility, Positioning, Transfers

Instrumental ADLs (IADLs)

- Medication, Meals, Transportation, Housework, Telephone, Shopping, Finance

Health

Memory and Cognition

Sensory and Communication

Caregiver

Psychosocial

How to describe the Waiver results?

DAAS



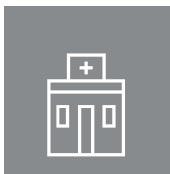
Tier 0: Beneficiary does *not* require “hands-on” assistance with these activities of daily (ADL) living: eating, bathing, dressing, personal hygiene, toileting, and ambulating. Hands-on assistance in at least one of these areas is required.



Tier 1: Beneficiary does require “hands-on” assistance with these activities of daily (ADL) living: eating, bathing, dressing, personal hygiene, toileting, and ambulating. Hands-on assistance in at least one of these areas is required.



Tier 2: Beneficiary scored high enough in at least two of the Activities of Daily Living (ADLs), such as Eating and Toileting, or has a diagnosis of Alzheimer’s or related dementia and requires substantial supervision from another person and does NOT require a skilled level of care delivered by a licensed medical professional on a daily basis longer than 21 days.



Tier 3: Beneficiary requires a skilled level of care delivered by a licensed medical professional on a daily basis longer than 21 days.

Who gets the Waiver Care results?



DAAS Nurses

DAAS Nurses access ARIA to review the entire assessment as well as the Tier Recommendation. The results are used to develop plans of care as well as authorize services.



Beneficiary, Guardian, Family

Tier determination

Scheduling Process

- **Notification**
 - Beneficiary will receive a notification letter that an assessment is required
- **Scheduling:**
 - Call Center based appointing
 - Targeted appointing based on location
 - **Call Center number: 844-809-9538**
- **Appointment:**
 - Once the initial appointment is made, the Optum RN calls the day before to confirm the appointment with the beneficiary and the day of as necessary.

How Can You Help?

- Accurate contact information for contacting beneficiaries
- If the phone number provided for a beneficiary is a central phone number, ensure it is a contact number that will be answered by appropriate staff
- Relay message that Optum will be contacting beneficiaries-alert them we will be contacting them
- Making sure beneficiaries know it is okay for a new entity to come in to do a functional assessment—alleviate concerns and any fears
- Encourage or assist beneficiaries to make contact with the call center to schedule their appointment once they receive their notification letter

